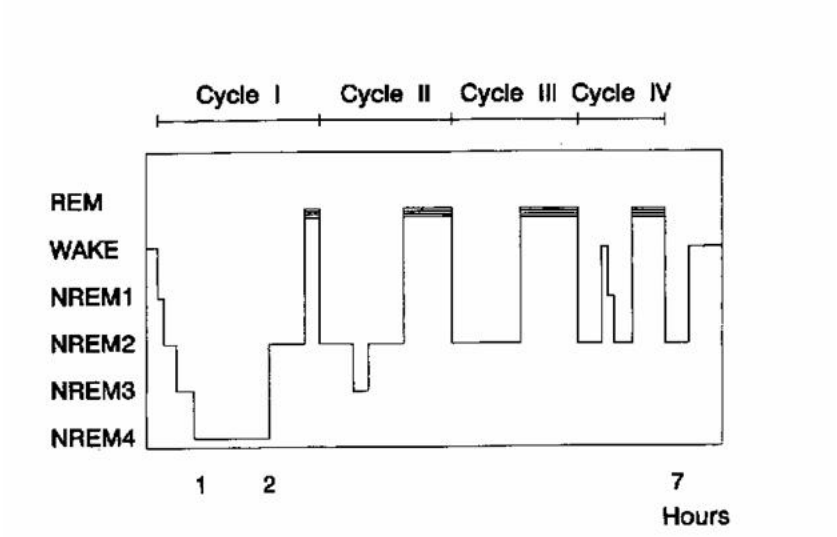Søvnens arkitektur